All Brain Break, Lunch and Afternoon Teas must be pre-ordered in separate bags (plain paper bags from home are acceptable) and clearly marked with your child's name, class and either Brain Break, Lunch or Afternoon Tea. Place money for order in paper bag. Orders are to be placed at tuckshop before school.

Thank you

### Tuckshop Menu 2016

#### BREAKFAST 8.15-8.40

- Raisin Toast: $1.00
- Vegemite/Jam Toast: $1.00
- Fruit Muffin (HM): $1.00
- Seasonal Fruit: $.90
- Yoghurt Cup: $1.00
- Yoghurt Berry Crunch: $1.50
- Plain Water (600ml): $1.00
- Plain Milk (200ml): $1.20
- Sml Fruit Juice Popper (150ml): $1.00
- Lge Fruit Juice Popper (250ml): $1.70
- Flavoured Milk (300ml): $2.00

#### BRAIN BREAK

- Carrot Sticks: $1.00
- Seasonal Fruit: $.90
- Apple Slinky: $1.00
- Fresh Fruit Salad: $1.50
- Yoghurt Berry Crunch: $1.50
- Yoghurt Cup: $1.00
- Boiled Egg: $.80

#### DRINKS

- Plain Water (600ml): $1.00
- Plain Milk (200ml): $1.20
- Sml Fruit Juice Popper (150ml): $1.00
- Lge Fruit Juice Popper (250ml): $1.70
- Flavoured Milk (300ml): $2.00
- Chocolate/Strawberry/Banana: $1.70

#### HOT FOOD

- Sauce Sachet (Tom/BBQ): $.30
- Corn Cob: $1.50
- Chicken Nuggets (GF) (6): $3.00
- Spaghetti Bolognaise (HM): $3.50
- Lasagne: $4.50
- Chicken Burger (lettuce & mayo): $5.00
- Fried Rice (GF): $4.50
- Chicken & Gravy or Mayo Roll: $4.00
- Mini Pie: $1.50
- Pie: $3.50
- Sausage Roll: $2.50
- Hot Dog (includes Tom sauce): $2.50
- Pizza Cheese: $3.00
- Pizza Ham & Pineapple: $3.50

#### SANDWICHES

- Cheese: $2.20
- Vegemite: $1.50
- Egg: $2.50
- Egg & Lettuce: $3.00
- Salad (includes cheese): $3.00
- Ham: $3.00
- Ham & Salad: $4.00
- Chicken: $3.50
- Chicken & Salad: $4.50
- Salad Container: $3.50 (includes egg & cheese)

**Extras**

- Cheese, Tomato, Beetroot: $.30 each
- Toasting: $.30

#### SNACKS

- Carrot Sticks: $1.00
- Seasonal Fruit: $.90
- Apple Slinky: $1.00
- Fresh Fruit Salad: $1.50
- Yoghurt Berry Crunch: $1.50
- Yoghurt Cup: $1.00
- Boiled Egg: $.80
- Fruit Muffin: $1.00
- Popcorn: $.20
- Plain Chips: $1.50
- Zombie Monster (GF): $1.00
- Chicken/Cheese/BBQ

#### ICE BLOCKS

- Frozen Yoghurt (GF) (Mango/Strawberry/Vanilla): $1.70
- Frozen Juice Tube: $.50
- ½ Frozen Juice Tube: $.25
- Lemonade Icy Twist: $1.20
- Choc Paddle Pop: $1.50
- Slushy: $2.00
- Sorbet (Apple/Mango/Pomergranate): $2.50

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**FIRST BREAK ORDERS:** Hot food items and sandwiches are the preferred menu choice for Break 1.

**SECOND BREAK ORDERS:** Students in Years 2-6 must pick up their Second Break order from the Tuckshop themselves. Prep & Year 1 will have baskets sent to their classrooms.

**VOLUNTEERS:** Roster time 8.30 to 11.30am or part thereof. If you can spare 2-3 hours a week/fortnight/month, it would be greatly appreciated.